

THE CONSTITUTION OF THE VIEWETTES COMPETITIVE DANCE TEAM

The Viewettes Dance Team program strives to provide a fun yet challenging environment for all dancers involved. The coaching staff sets high standards through which dancers can excel in dance team techniques. Being a member of the Viewettes Competitive Dance Team will teach skills such as time management, teamwork, self-confidence, and valuing tradition. It is an honor and a privilege to be a part of the Viewettes Dance Team and should ALWAYS be treated as such.

PURPOSE:

- To develop the physical, mental, and moral character of each team member.
- To work as a team to attain set goals.
- To improve individual skills and dancing ability.
- To promote school spirit while performing at various athletic events and competitions throughout the school year.

SEASONS:

FALL/PERFORMANCE - MVPT:

The goal of Fall Season is to polish dancing skills in order to prepare for the competitive season. Dancers will perform at half-time of all home football games (weather permitting). Practices are 3 times a week, with at least one performance every other week. The fall season is a 'learning' season, one in which you will grow as a dancer.

WINTER/COMPETITIVE - VIEWETTES DANCE TEAM:

The Winter Season is one in which you must be committed! Practices are 5-6 times a week. Dancers will be divided into Varsity, JV and B-Squad Teams. All practices are MANDATORY! The Dance Team competes in 4 Conference meets, Conference Championship, several Saturday Invitationals, Sections, and the State Tournament. Our biggest fundraiser of the year is our Winterfest Dance Team Invitational, which occurs on the last Saturday in January. It is **MANDATORY** for all parents/guardians to help out at this event.

SECTION 1. QUALIFICATIONS:

- Must be a full-time student grades 7-12 for the Competitive Season.
- Must maintain a 2.0 (C) average in classes. Academic leave will be granted in certain situations after discussion with the dancer, parents, and coach.
- Must follow and abide by the MSHSL Rules.
- Must be physically and emotionally prepared for extensive dancing on a daily basis.

SECTION 2. EXPECTATIONS:

DANCER...

- Maintain academic excellence.
- Promote and uphold school spirit/good sportsmanship - be positive role models.
- Attend all practices, performances, and competitions. Be prepared and on time.
- No drinking, smoking, profanity, or participation in an activity that would be degrading to the Viewettes Dance Team and what the program stands for.

PARENT(S)/GUARDIAN(S)...

- Encourage your dancer to achieve academic excellence.
- Become involved in the Viewettes DanceTeam activities by being a part of committees/booster club, and by coming to performances and competitions.
- Show good sportsmanship at all times.

SECTION 3. PRACTICE:

- All practices are **MANDATORY!**
- ALL dancers must wear correct attire; hair pulled back, no gum, no jewelry, and appropriate shoes.
- No talking during practice.
- Be on time – early is on time, on time is late!
- If you are late you must bring a signed note from a parent/guardian or teacher.
- Extra help from teachers is preferred to be done during a free hour, lunch hour, or before school.

SECTION 4. ATTENDANCE:

- Attend ALL scheduled practices, performances, competitions, and fundraisers whether they are before/after school, at night and/or on weekends.
- Be at practice the day of the performance in order to be eligible to perform.
- Be at school the entire day, the day of the competition in order to compete (unless approved by the school's administration).
- Attend additional practices as called by the coaches if deemed necessary for the quality of the performance.
- **WORK, BABYSITTING, HAIR APPOINTMENTS, ETC. ARE NOT EXCUSES TO LEAVE PRACTICE EARLY OR ARRIVE LATE!!! PLEASE SCHEDULE THESE AROUND PRACTICE/COMPETITION TIMES**

SECTION 5. TRYOUTS:

- The coaches will conduct tryouts for the Winter Competitive Seasons of the Viewettes Dance Team.
- Scores of dancers who have made the team will not be given out.
- Final placement will be up to the coaching staff and decisions may NOT be disputed.
- **Team placement adjustments may be made during the competition season based on coaches' discretion and will only be discussed with the DANCER.**
- If a dancer quits in the middle of a season the dancer will NOT be allowed to tryout again PERMANENTLY. (Except in extreme circumstances which is at the discretion of the coaches)

SECTION 6. SUBSTANCE ABUSE POLICY:

- Substance abuse will NOT be tolerated. If a dancer is caught drinking or smoking she will be removed from the team.

SECTION 7. LETTERING - COMPETITION SEASON ONLY:

- Each member is able to letter for winter season if the following is fulfilled...
- Attitude, dedication, and attendance are taken into account.
- The dancer must not miss ANY performances/competitions/events (whether dancing or not) during the entire season.
- The dancer must be on Varsity Kick to letter for the entire season.

SECTION 8. GRIEVANCE PROCEDURE:

- Please go to the coach first with any concerns.
- **Coaching decisions will not be discussed with parents, ONLY with dancers.**
- If a dance team member or parent would like to file a formal complaint, these steps should be followed:
- All comments or complaints should be voiced in person through a **scheduled** meeting or through a signed letter given to the coaches.
- The coaches will make their ruling based on the terms of this constitution.
- If the actions carried out by the coaches are unsatisfactory to the party, their concerns should be brought to the athletic director.