

MVPT & MVDT Dance Team Tryouts #

Splits: Right 5
 Left 5
 Center 5

Turns: Double 5
 Triple 5

Toe Touch: 5

Leaps: Right 5
 Left 5
 Center 5

A la secondes: 5
 How many

Leg Hold: Right 5
 Left 5
 Turning 5

Kicks: 10
 Straight Back, Chin Up, Shoulders Back
 Straight Legs, Square Hips
 Good Height on Kicks, Pointed Feet
 Preps Together & Controlled

Execution/Skills: 10
 Knowledge of Routine
 Placement & Control - Sharp/Strong
 Sense of Rhythm and Coordination
 Movements are Natural - Not Forced
 Mistakes - Severity and Recovery
 Overall Dance Ability

Projection/Poise: 10
 Poised, Self-Confident, Smiling, Hides Nervousness
 Does Dance With Ease - Stamina

Possible 95 Points Total

FALL PERFORMANCE TEAM

WINTER COMPETITIVE TEAM

BOTH Judges Initials

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